ABOUT RMSC

Rocky Mountain Stroke Center is a community based, non-profit organization serving stroke survivors and families in Colorado. The Center’s mission is to provide information, rehabilitation, and support to stroke survivors and their families in Colorado, as well as provide education to the greater community about stroke.

In 2022, RMSC celebrated 30 years of service! The Center was founded in 1992 by a group of stroke families, physicians, and community volunteers in response to a missing link in the continuum of care for stroke recovery.

At the beginning, RMSC offered phone-based information and referral calls, and has since grown to become the only community organization responding to the ongoing, post-insurance needs of stroke survivors and their families in Colorado. RMSC is also the only agency in Colorado with dedicated programs for young stroke survivors (under age 55) and caregivers/families of survivors, and the only agency offering low-cost, long-term rehabilitation programs.

2022 IN REVIEW

TOTAL:

<table>
<thead>
<tr>
<th>Services</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Units of Service</td>
<td>3,794</td>
</tr>
<tr>
<td>Individual Sessions</td>
<td>770</td>
</tr>
<tr>
<td>Support Groups</td>
<td>639</td>
</tr>
<tr>
<td>New Callers</td>
<td>190</td>
</tr>
<tr>
<td>Counties Served in CO</td>
<td>13</td>
</tr>
<tr>
<td>Stroke 101 Series</td>
<td>4</td>
</tr>
</tbody>
</table>

Survivor tries out virtual reality device, a new tool for stroke rehabilitation!
While celebrating RMSC’s 30 year anniversary, the organization also had a change in leadership. RMSC’s long-standing Executive Director, Esther Fretz, PhD, retired after being in the position for over 25 years. We thank her for her contributions and dedication to the Center!

RMSC welcomed Carly Helm (formerly Lancaster) and Lindsey Nepple (formerly Robison) as Co-Executive Directors.

Carly and Lindsey both started at RMSC during their graduate social work internships in 2015 and 2017 respectively. They have worked in many areas at the Center: clinically with individual clients, classes, and support groups, and administratively with program development, community partners, fundraising, and events. They eagerly stepped into their roles and are committed to furthering the Center’s mission.
COMMUNITY
OF SUPPORT

THANK YOU TO ALL OF OUR COMMUNITY
AND HOSPITAL PARTNERS!

UCHealth Metro | SCLHealth Lutheran Medical Center | SCLHealth
Good Samaritan Medical Center | Law Office of Jennifer Gormley, ESQ
| Medtronic | Virginia W. Hill Foundation | Vibra Rehabilitation
Hospital | PhRMA | We Work For Health CO | Encompass
Rehabilitation Hospital of Littleton | PASCO | Senior Benefit Services |
Centura Flight For Life CO | Rehab Without Walls | Centennial Capital
Partners | Rehabilitative Rhythms | Taylor Neuro Specialists | Harrison
PT Services | Rotary Club of Littleton | Littleton Sertoma Club |
Littleton Elks Club #1650 | Mountaineers Square Dance Club |

FAMILIAR FACES
AT RMSC

Michele, RMSC’s physical therapist, has been working with the Center
since 2000 and specializes in treating neurological conditions like stroke.
Brooks has been receiving services since her stroke in 1999.

Both were honored at the 2022
Musical Jubilee Fundraiser for their
long-standing contribution and